

Annex 4.1

Tables on self-reported physical health

Table 4A.1. Deaths from circulatory disease or other, by age in 2002–03 and sex

Participants in 2002–03, including proxies

	50–59	60–74	75+	All
	%	%	%	%
Men				
Circulatory disease ^a	0.4	1.3	7.0	2.0
Other	0.7	2.1	8.2	2.7
Unknown	0.1	0.4	1.3	0.5
Women				
Circulatory disease ^a	0.1	0.6	5.0	1.5
Other	0.7	1.7	5.2	2.2
Unknown	0.0	0.2	1.4	0.5
Weighted N				
<i>Men</i>	<i>2,100</i>	<i>2,198</i>	<i>968</i>	<i>5,267</i>
<i>Women</i>	<i>2,139</i>	<i>2,420</i>	<i>1,537</i>	<i>6,096</i>
Unweighted N				
<i>Men</i>	<i>1,912</i>	<i>2,281</i>	<i>981</i>	<i>5,174</i>
<i>Women</i>	<i>2,247</i>	<i>2,574</i>	<i>1,370</i>	<i>6,191</i>

^aICD-10, chapter I.

Note: Excluding 27 people without registration at the National Health Service Central Register or information from fieldworkers, for whom deaths would not be reported.

Table 4A.2. Deaths from circulatory disease or other, by age-specific wealth quintile, sex and age in 2002–03

Participants in 2002–03, including proxies

		Poorest	2 nd	3 rd	4 th	Richest
		%	%	%	%	%
Men						
50–74	Circulatory disease	2.2	1.6	0.6	0.3	0.0
	Other	3.1	1.7	0.9	1.1	0.7
	Unknown	0.9	1.2	0.4	0.0	0.1
75+	Circulatory disease	10.8	12.3	6.5	5.6	3.0
	Other	13.0	7.5	6.5	8.1	8.1
	Unknown	2.7	1.1	0.4	2.0	1.0
Women						
50–74	Circulatory disease	0.6	0.5	0.3	0.3	0.0
	Other	2.1	1.4	0.8	1.3	0.6
	Unknown	0.3	0.1	0.0	0.2	0.1
75+	Circulatory disease	7.8	5.0	3.1	3.1	4.8
	Other	9.4	4.4	4.7	2.6	2.4
	Unknown	1.6	2.0	1.9	0.8	0.4
Weighted N						
<i>Men</i>	50–74	709	844	873	918	921
	75+	116	182	197	220	249
<i>Women</i>	50–74	1,035	908	883	840	837
	75+	394	316	306	276	244
Unweighted N						
<i>Men</i>	50–74	665	815	843	907	934
	75+	116	180	199	221	260
<i>Women</i>	50–74	1,101	956	931	885	884
	75+	333	284	279	250	223

^aICD-10, chapter I.

Note: Excluding 27 people without registration at the National Health Service Central Register or information from fieldworkers, for whom deaths would not be reported.

Table 4A.3. Percentage who reported at least one additional disease in 2004–05 from the physical diseases listed in the interview, by age in 2002–03 and sex

Participants in 2002–03 and 2004–05, excluding proxies

	50–54	55–59	60–64	65–69	70–74	75–79	80+	All
	%	%	%	%	%	%	%	%
Men	13.2	19.1	22.1	24.4	26.4	31.7	34.8	22.1
Women	15.4	20.6	22.6	30.8	33.8	37.9	38.5	26.8
All	14.3	19.9	22.3	27.8	30.5	35.3	37.3	24.6
Weighted N								
<i>Men</i>	890	783	659	573	486	358	287	4,036
<i>Women</i>	903	820	692	637	590	496	570	4,707
Unweighted N								
<i>Men</i>	729	782	619	623	496	355	270	3,874
<i>Women</i>	869	922	724	712	618	432	468	4,745

Note: Ns for the ‘All’ rows are the sum of those for men and women.

Table 4A.4. Percentage incidence of disease between the 2002–03 and 2004–05 interviews, in broad groups, by age in 2002–03 and sex*Those who did not report the condition in 2002–03 but did answer the question*

	50–54	55–59	60–64	65–69	70–74	75–79	80+	All
	%	%	%	%	%	%	%	%
Men								
At least one CVD-related disease ^a	4.3	5.9	6.9	9.1	11.8	10.2	6.5	7.0
At least one eye disease ^b	1.9	3.5	4.5	7.7	8.1	16.7	20.8	6.1
At least one other chronic disease ^c	6.6	10.1	11.4	12.5	12.5	17.1	19.2	10.9
Women								
At least one CVD-related disease ^a	2.8	4.4	5.7	8.4	8.5	10.2	12.8	6.6
At least one eye disease ^b	2.8	3.6	7.0	12.6	14.6	21.1	28.3	9.3
At least one other chronic disease ^c	11.0	13.6	17.8	16.8	16.2	19.7	16.6	15.0
All								
At least one CVD-related disease ^a	3.5	5.1	6.2	8.7	9.9	10.2	10.9	6.8
At least one eye disease ^b	2.4	3.6	5.8	10.2	11.6	19.0	25.1	7.8
At least one other chronic disease ^c	8.6	11.7	14.4	14.4	14.2	18.4	17.8	12.8
Weighted N								
Men CVD	762	614	476	386	281	202	145	2,866
Men eye	843	733	589	495	358	260	154	3,433
Men other	656	521	391	343	257	181	136	2,485
Women CVD	800	692	556	488	398	331	330	3,595
Women eye	863	760	608	522	428	304	210	3,695
Women other	556	438	339	272	221	184	184	2,195
Unweighted N								
Men CVD	627	616	449	421	291	200	144	2,748
Men eye	697	740	558	540	372	258	151	3,316
Men other	540	521	369	373	269	181	131	2,384
Women CVD	771	785	583	551	417	290	283	3,680
Women eye	831	863	638	587	454	268	183	3,824
Women other	534	492	352	302	227	156	157	2,220

^aAngina, myocardial infarction, stroke, heart failure, heart murmur, abnormal heart rhythm, diabetes.^bGlaucoma, diabetic eye disease, macular degeneration, cataract.^cChronic lung disease, asthma, arthritis, osteoporosis, cancer (excluding primary skin cancer), Parkinson's disease.

Note: Ns for the 'All' rows are the sum of those for men and women.

Table 4A.5. Percentage incidence of selected CVD-related diseases between the 2002–03 and 2004–05 interviews, by age in 2002–03 and sex

Those who did not report the condition in 2002–03 but did answer the question

		50–59	60–74	75+	All
		%	%	%	%
Ischaemic heart disease^a	Men	2.7	2.4	3.7	2.7
	Women	1.1	1.7	3.2	1.8
	All	1.8	2.0	3.4	2.2
Diabetes	Men	1.6	2.4	1.3	1.9
	Women	1.2	1.6	2.4	1.6
	All	1.4	1.9	2.0	1.8
Stroke	Men	0.6	1.4	3.3	1.4
	Women	0.4	1.4	2.8	1.3
	All	0.5	1.4	3.0	1.3
Abnormal heart rhythm	Men	1.3	3.1	2.1	2.2
	Women	1.5	2.9	5.4	2.9
	All	1.4	3.0	4.1	2.6
Weighted N					
<i>Ischaemic heart disease</i>	<i>Men</i>	<i>1,541</i>	<i>1,405</i>	<i>474</i>	<i>3,420</i>
	<i>Women</i>	<i>1,666</i>	<i>1,703</i>	<i>861</i>	<i>4,229</i>
<i>Diabetes</i>	<i>Men</i>	<i>1,579</i>	<i>1,540</i>	<i>567</i>	<i>3,686</i>
	<i>Women</i>	<i>1,656</i>	<i>1,794</i>	<i>959</i>	<i>4,409</i>
<i>Stroke</i>	<i>Men</i>	<i>1,638</i>	<i>1,616</i>	<i>574</i>	<i>3,828</i>
	<i>Women</i>	<i>1,700</i>	<i>1,845</i>	<i>960</i>	<i>4,505</i>
<i>Abnormal heart rhythm</i>	<i>Men</i>	<i>1,577</i>	<i>1,578</i>	<i>571</i>	<i>3,726</i>
	<i>Women</i>	<i>1,657</i>	<i>1,808</i>	<i>941</i>	<i>4,406</i>
Unweighted N					
<i>Ischaemic heart disease</i>	<i>Men</i>	<i>1,399</i>	<i>1,431</i>	<i>469</i>	<i>3,299</i>
	<i>Women</i>	<i>1,738</i>	<i>1,833</i>	<i>751</i>	<i>4,322</i>
<i>Diabetes</i>	<i>Men</i>	<i>1,436</i>	<i>1,573</i>	<i>561</i>	<i>3,570</i>
	<i>Women</i>	<i>1,732</i>	<i>1,932</i>	<i>841</i>	<i>4,505</i>
<i>Stroke</i>	<i>Men</i>	<i>1,491</i>	<i>1,653</i>	<i>572</i>	<i>3,716</i>
	<i>Women</i>	<i>1,776</i>	<i>1,983</i>	<i>842</i>	<i>4,601</i>
<i>Abnormal heart rhythm</i>	<i>Men</i>	<i>1,434</i>	<i>1,608</i>	<i>568</i>	<i>3,610</i>
	<i>Women</i>	<i>1,732</i>	<i>1,942</i>	<i>821</i>	<i>4,495</i>

^aAngina or myocardial infarction.

Note: Ns for the 'All' rows are the sum of those for men and women.

Table 4A.6. Percentage incidence of selected chronic diseases between the 2002–03 and 2004–05 interviews, by age in 2002–03 and sex*Those who did not report the condition in 2002–03 but did answer the question*

		50–59	60–74	75+	All
		%	%	%	%
Arthritis	Men	6.1	6.4	9.5	6.7
	Women	8.8	11.8	13.3	10.8
	All	7.4	9.0	11.6	8.7
Osteoporosis	Men	0.5	0.8	1.3	0.8
	Women	2.3	3.8	6.1	3.7
	All	1.4	2.4	4.2	2.3
Cancers (excluding skin cancer)	Men	0.7	2.4	2.8	1.8
	Women	1.5	1.7	1.5	1.6
	All	1.1	2.1	2.0	1.7
Lung disease	Men	1.8	1.8	3.5	2.1
	Women	1.0	1.6	1.6	1.3
	All	1.4	1.6	2.3	1.7
Asthma	Men	1.4	1.9	1.9	1.7
	Women	1.3	1.4	0.8	1.2
	All	1.4	1.6	1.3	1.5
Cataract	Men	1.8	4.9	14.9	4.8
	Women	1.8	8.9	21.6	7.8
	All	1.8	7.0	18.7	6.3
Weighted N					
<i>Arthritis</i>	<i>Men</i>	<i>1,354</i>	<i>1,239</i>	<i>410</i>	<i>3,004</i>
	<i>Women</i>	<i>1,234</i>	<i>1,123</i>	<i>526</i>	<i>2,882</i>
<i>Osteoporosis</i>	<i>Men</i>	<i>1,652</i>	<i>1,675</i>	<i>613</i>	<i>3,940</i>
	<i>Women</i>	<i>1,642</i>	<i>1,734</i>	<i>922</i>	<i>4,298</i>
<i>Cancers</i>	<i>Men</i>	<i>1,635</i>	<i>1,618</i>	<i>590</i>	<i>3,843</i>
	<i>Women</i>	<i>1,619</i>	<i>1,797</i>	<i>963</i>	<i>4,379</i>
<i>Lung disease</i>	<i>Men</i>	<i>1,599</i>	<i>1,576</i>	<i>581</i>	<i>3,757</i>
	<i>Women</i>	<i>1,641</i>	<i>1,772</i>	<i>968</i>	<i>4,381</i>
<i>Asthma</i>	<i>Men</i>	<i>1,512</i>	<i>1,515</i>	<i>582</i>	<i>3,609</i>
	<i>Women</i>	<i>1,498</i>	<i>1,661</i>	<i>912</i>	<i>4,070</i>
<i>Cataract</i>	<i>Men</i>	<i>1,623</i>	<i>1,537</i>	<i>454</i>	<i>3,614</i>
	<i>Women</i>	<i>1,668</i>	<i>1,648</i>	<i>587</i>	<i>3,904</i>
Unweighted N					
<i>Arthritis</i>	<i>Men</i>	<i>1,228</i>	<i>1,267</i>	<i>406</i>	<i>2,901</i>
	<i>Women</i>	<i>1,283</i>	<i>1,195</i>	<i>453</i>	<i>2,931</i>
<i>Osteoporosis</i>	<i>Men</i>	<i>1,504</i>	<i>1,711</i>	<i>614</i>	<i>3,829</i>
	<i>Women</i>	<i>1,716</i>	<i>1,867</i>	<i>806</i>	<i>4,389</i>
<i>Cancers</i>	<i>Men</i>	<i>1,488</i>	<i>1,653</i>	<i>589</i>	<i>3,730</i>
	<i>Women</i>	<i>1,690</i>	<i>1,928</i>	<i>839</i>	<i>4,457</i>
<i>Lung disease</i>	<i>Men</i>	<i>1,454</i>	<i>1,614</i>	<i>578</i>	<i>3,646</i>
	<i>Women</i>	<i>1,715</i>	<i>1,904</i>	<i>851</i>	<i>4,470</i>
<i>Asthma</i>	<i>Men</i>	<i>1,372</i>	<i>1,553</i>	<i>578</i>	<i>3,503</i>
	<i>Women</i>	<i>1,559</i>	<i>1,785</i>	<i>801</i>	<i>4,145</i>
<i>Cataract</i>	<i>Men</i>	<i>1,477</i>	<i>1,567</i>	<i>447</i>	<i>3,491</i>
	<i>Women</i>	<i>1,745</i>	<i>1,777</i>	<i>516</i>	<i>4,038</i>

Note: *N*s for the 'All' rows are the sum of those for men and women.

Table 4A.7. Percentage without any of selected physical diseases by wave 2 interview (2004–05), by age in 2002–03 and sex

Participants in 2002–03 and 2004–05, excluding proxies

	50–54	55–59	60–64	65–69	70–74	75–79	80+	All
	% without any of selected diseases in the group							
Men								
CVD-related diseases ^a	82.7	74.1	67.5	61.6	52.1	50.7	49.8	66.8
Eye diseases ^b	93.6	91.1	85.8	80.0	69.2	60.2	45.0	80.7
Other chronic diseases ^c	69.4	60.0	52.5	52.1	47.1	41.0	39.9	55.1
All of the above	56.6	45.0	33.3	28.3	20.9	14.8	11.7	35.4
Women								
CVD-related diseases ^a	86.5	81.1	76.0	70.4	61.3	60.6	52.7	72.0
Eye diseases ^b	93.2	90.0	81.9	72.0	62.3	48.9	27.6	71.9
Other chronic diseases ^c	55.0	46.3	40.3	35.6	30.8	29.6	27.7	39.8
All of the above	46.5	35.9	28.0	21.4	15.5	11.1	7.0	26.3
All								
CVD-related diseases ^a	84.6	77.7	71.9	66.2	57.2	56.4	51.8	69.6
Eye diseases ^b	93.4	90.5	83.8	75.8	65.4	53.7	33.4	76.0
Other chronic diseases ^c	62.1	53.0	46.2	43.4	38.1	34.4	31.8	46.8
All of the above	51.5	40.3	30.6	24.6	17.9	12.6	8.5	30.5
Weighted N								
<i>Men</i>	890	783	659	573	486	358	287	4,036
<i>Women</i>	903	820	692	637	590	496	570	4,707
Unweighted N								
<i>Men</i>	729	783	619	623	496	356	272	3,878
<i>Women</i>	868	923	724	716	622	435	472	4,760

^aAngina, myocardial infarction, stroke, heart failure, heart murmur, abnormal heart rhythm, diabetes.

^bGlaucoma, diabetic eye disease, macular degeneration, cataract.

^cChronic lung disease, asthma, arthritis, osteoporosis, cancer (excluding primary skin cancer), Parkinson's disease.

Note: *N*s for the 'All' rows are the sum of those for men and women.

Table 4A.8. Percentage distribution of number of additional diseases reported in 2004–05 of 17 selected chronic diseases, by age-specific wealth quintile, sex and age in 2002–03*Participants in 2002–03 and 2004–05, excluding proxies*

	No. of additional diseases ^a	Poorest	2 nd	3 rd	4 th	Richest
		%	%	%	%	%
Men						
50–59	0	78.3	81.0	82.7	87.6	89.0
	1	17.0	13.8	16.0	11.0	8.7
	2+	4.7	5.2	1.3	1.3	2.3
60–74	0	73.2	73.4	75.4	74.2	81.2
	1	21.1	20.4	20.4	20.8	16.5
	2	5.7	6.2	4.2	5.0	2.3
75+	0	[65.7]	68.9	64.8	64.6	70.2
	1	[15.5]	23.6	26.7	27.2	26.3
	2+	[15.3]	7.5	8.6	8.2	3.6
Women						
50–59	0	77.5	80.5	82.9	86.0	84.9
	1	19.6	16.7	14.6	14.0	12.0
	2+	2.9	2.9	2.6	0.0	3.1
60–74	0	64.3	70.2	73.5	73.8	75.6
	1	28.1	25.4	21.3	23.4	21.5
	2+	7.6	4.4	5.2	2.7	3.0
75+	0	59.0	56.0	65.6	65.8	63.1
	1	31.3	31.3	26.6	25.0	26.2
	2+	9.7	12.8	7.8	9.2	10.8
Weighted N						
Men	All	581	738	844	888	909
Women	All	1,027	924	948	863	838
Unweighted N						
Men	All	508	692	802	888	959
Women	All	1,005	925	972	899	894

^aAngina, myocardial infarction, heart failure, heart murmur, abnormal heart rhythm, stroke, diabetes, chronic lung disease, asthma, arthritis, osteoporosis, cancer (excluding primary skin cancer), Parkinson's disease, glaucoma, diabetic eye disease, macular degeneration, cataract

Note: *N*s for separate age groups not given; there were 1,499 men and 1,752 women aged 50–59, 1,730 men and 2,043 women aged 60–74, and 620 men and 900 women aged 75+.

Self-reported physical health

Table 4A.9. Percentages without any selected CVD-related disease at wave 2, by age-specific wealth quintile, sex and age in 2002–03

Participants in 2002–03 and 2004–05, excluding proxies

	Poorest	2 nd	3 rd	4 th	Richest
	% without any of the selected CVD-related diseases ^a				
Men					
50–59	70.9	77.3	78.6	84.4	81.4
60–74	57.1	54.1	60.6	62.9	68.0
75+	[52.4]	60.8	42.1	47.0	52.2
All ages	63.6	65.3	65.0	68.9	69.7
Women					
50–59	80.0	82.0	84.8	86.9	86.6
60–74	58.7	68.6	72.0	71.3	80.2
75+	54.3	48.0	59.8	59.1	62.8
All ages	65.2	68.5	73.8	74.1	79.2
All					
50–59	75.9	79.6	81.7	85.5	84.0
60–74	58.2	62.2	66.5	67.0	73.5
75+	53.9	52.3	53.0	53.9	57.4
All ages	64.6	67.1	69.6	71.5	74.3
Weighted N					
Men	583	739	846	888	909
Women	1,029	929	952	865	841
Unweighted N					
Men	509	693	804	888	959
Women	1,007	929	976	901	897

^aAngina, myocardial infarction, stroke, heart failure, heart murmur, abnormal heart rhythm, diabetes.

Notes: *Ns* for the ‘All’ rows are the sum of those for men and women. *Ns* for separate age groups not given; there were 1,500 men and 1,752 women aged 50–59, 1,730 men and 2,051 women aged 60–74, and 623 men and 907 women aged 75+.

Table 4A.10. Percentages without any of six selected chronic physical diseases at wave 2, by age-specific wealth quintile, sex and age in 2002–03*Participants in 2002–03 and 2004–05, excluding proxies*

	Poorest	2 nd	3 rd	4 th	Richest
	% without any of the selected chronic physical diseases ^a				
Men					
50–59	50.6	63.2	66.0	70.3	72.8
60–74	44.0	49.8	45.4	46.2	64.8
75+	35.1	38.1	40.1	42.4	42.2
All ages	46.6	53.5	53.0	55.3	63.2
Women					
50–59	40.0	51.9	53.7	54.0	55.4
60–74	28.9	34.7	37.5	39.1	40.1
75+	23.9	31.0	29.3	28.6	30.7
All ages	31.7	39.8	41.4	42.1	44.2
All					
50–59	44.7	57.1	59.9	62.7	64.0
60–74	34.2	41.3	41.3	42.8	53.5
75+	25.9	33.4	33.4	34.6	36.6
All ages	37.1	45.9	46.9	48.8	54.1
Weighted N					
Men	583	739	846	891	912
Women	1,031	933	952	865	842
Unweighted N					
Men	509	693	804	891	962
Women	1,007	932	975	900	896

^aChronic lung disease, asthma, arthritis, osteoporosis, cancer (excluding primary skin cancer), Parkinson's disease.

Notes: *Ns* for the 'All' rows are the sum of those for men and women. *Ns* for separate age groups not given; there were 1,501 men and 1,752 women aged 50–59, 1,732 men and 2,049 women aged 60–74, and 626 men and 909 women aged 75+.

Table 4A.11. Percentages with angina symptoms, by age in 2004–05 and sex

Participants in 2004–05, excluding proxies

	52–54	55–59	60–64	65–69	70–74	75–79	80+	All
	%	%	%	%	%	%	%	%
Men								
None	96.7	94.5	95.3	93.5	92.4	91.8	94.0	94.1
Grade 1	2.4	3.5	3.4	4.7	5.4	5.3	3.4	4.0
Grade 2	0.9	2.0	1.3	1.7	2.2	2.9	2.6	1.9
Women								
None	96.8	96.5	93.8	94.0	92.2	93.1	93.7	94.4
Grade 1	1.9	2.7	5.1	5.4	5.5	5.0	3.6	4.1
Grade 2	1.3	0.8	1.1	0.7	2.3	1.9	2.8	1.5
All								
None	96.8	95.5	94.5	93.8	92.3	92.5	93.8	94.2
Grade 1	2.2	3.1	4.3	5.1	5.4	5.1	3.5	4.1
Grade 2	1.1	1.4	1.2	1.2	2.3	2.3	2.7	1.7
Weighted N								
Men	420	911	654	620	505	397	378	3,884
Women	412	942	717	653	566	541	695	4,526
Unweighted N								
Men	345	837	650	633	546	405	380	3,796
Women	392	989	787	717	618	527	610	4,640

Notes: Pain in chest (sternum, left anterior or left arm) when walking; the pain leads person to stop or slow down upon which it goes away in 10 minutes or less. Grade 1 if pain experienced when walking uphill or hurrying; grade 2 if pain experienced when walking at an ordinary pace on the level. *Ns* for the ‘All’ rows are the sum of those for men and women. 236 people excluded because they reported that they never walk or cannot walk.

Table 4A.12. Percentages having experienced chest pain (possible myocardial infarction) by age in 2004–05 and sex

Participants in 2004–05, excluding proxies

	52–54	55–59	60–64	65–69	70–74	75–79	80+	All
	%	%	%	%	%	%	%	%
Men	8.0	9.2	10.0	10.4	12.4	11.2	9.7	10.1
Women	7.0	5.3	6.9	7.4	8.1	7.1	5.0	6.5
All	7.5	7.2	8.4	8.8	10.1	8.9	6.6	8.2
Weighted N								
Men	420	921	668	641	518	418	410	3,996
Women	416	950	731	672	586	550	763	4,668
Unweighted N								
Men	345	845	663	654	559	426	411	3,903
Women	396	998	803	738	639	536	667	4,777

Notes: Ever experienced a severe pain across the front of the chest pain lasting half an hour or more. *Ns* for the ‘All’ rows are the sum of those for men and women.

Table 4A.13. Percentages reporting angina symptoms by age-specific wealth quintile, sex and age in 2004–05*Participants in 2004–05, excluding proxies*

	Poorest	2 nd	3 rd	4 th	Richest
	% with either grade 1 or grade 2				
Men					
52–59	12.6	7.1	2.6	1.6	1.8
60–74	10.2	7.9	7.2	4.8	3.4
75+	10.7	6.9	6.7	8.3	5.5
Women					
52–59	6.7	2.8	2.7	1.8	2.9
60–74	11.0	8.1	5.4	5.8	3.1
75+	8.3	7.5	7.9	3.5	4.2
All					
52–59	9.4	4.9	2.7	1.7	2.3
60–74	10.7	8.0	6.2	5.3	3.3
75+	8.8	7.3	7.4	5.6	4.8
Weighted N					
Men	557	708	826	864	901
Women	979	891	931	843	833
Unweighted N					
Men	490	669	790	868	954
Women	962	895	961	882	891

Notes: *Ns* for the ‘All’ rows are the sum of those for men and women. *Ns* for age subgroups by wealth not given; there were 1,170 men and 1,351 women aged 52–59, 1,823 men and 2,105 women aged 60–74, and 778 men and 1,135 women aged 75+.

Table 4A.14. Percentages reporting symptoms of myocardial infarction by age-specific wealth quintile, sex and age in 2004–05*Participants in 2004–05, excluding proxies*

	Poorest	2 nd	3 rd	4 th	Richest
	% with chest pain lasting at least half an hour				
Men					
52–59	11.4	17.3	7.5	3.5	5.6
60–74	14.1	13.0	10.4	9.9	8.8
75+	13.7	8.9	12.5	5.7	13.0
Women					
52–59	7.3	5.7	4.7	5.1	5.7
60–74	10.9	6.7	7.9	5.6	5.5
75+	7.4	4.7	3.9	8.9	4.2
All					
52–59	9.1	11.3	6.1	4.2	5.7
60–74	12.1	9.6	9.1	7.8	7.3
75+	8.8	6.2	7.3	7.5	8.7
Weighted N					
Men	583	737	846	890	912
Women	1,028	932	951	865	842
Unweighted N					
Men	514	695	809	894	966
Women	1,010	935	979	903	900

Notes: *Ns* for the ‘All’ rows are the sum of those for men and women. *Ns* for age subgroups by wealth not given; there were 1,178 men and 1,363 women aged 52–59, 1,870 men and 2,163 women aged 60–74, and 830 men and 1,201 women aged 75+.

Table 4A.15. Comparison of reports of diagnosis and of symptoms for angina, by sex

Participants in 2004–05, excluding proxies

Symptom reported	Diagnosis reported	Men		Women	
		%	% of all	%	% of all
No	Yes	9.0	8.4	6.3	6.0
	No	91.0	85.7	93.7	88.4
Grade 1	Yes	47.2	1.9	45.3	1.9
	No	52.8	2.1	54.7	2.3
Grade 2	Yes	58.6	1.1	44.9	0.8
	No	41.4	0.8	55.1	0.7
Weighted N					
No		3,656		4,271	
Grade 1		155		188	
Grade 2		74		68	
All		3,885		4,527	
Unweighted N					
No		3,568		4,362	
Grade 1		152		201	
Grade 2		71		71	
All		3,791		4,634	

Table 4A.16. Comparison of reports of diagnosis and of symptoms for heart attack, by sex

Participants in 2004–05, excluding proxies

Symptom reported	Diagnosis reported	Men		Women	
		%	% of all	%	% of all
No	Yes	5.3	4.8	2.5	2.4
	No	94.7	85.2	97.5	91.1
Yes	Yes	45.5	4.6	23.6	1.6
	No	54.5	5.5	76.4	5.0
Weighted N					
No		3,590		4,356	
Yes		401		305	
All		3,991		4,662	
Unweighted N					
No		3,498		4,458	
Yes		400		313	
All		3,898		4,771	

Table 4A.17. Problems with balance when walking on a level surface, by age in 2004–05 and sex*Participants in 2004–05, excluding proxies*

	52–54	55–59	60–64	65–69	70–74	75–79	80+	All
	%	%	%	%	%	%	%	%
Men								
Never	89.6	88.6	85.0	83.8	77.2	77.7	54.0	81.2
Sometimes	6.4	7.5	10.6	11.7	15.5	15.0	26.3	12.3
Often	2.7	1.2	1.2	1.2	3.4	2.6	7.6	2.4
Very often	0.8	1.0	2.0	2.0	2.1	2.3	6.4	2.1
Always	0.6	1.6	1.2	1.3	1.8	2.5	5.6	1.9
Women								
Never	86.1	81.7	79.8	76.2	69.3	61.8	45.3	71.4
Sometimes	10.8	13.7	13.1	18.0	19.6	26.2	32.9	19.2
Often	1.5	1.7	3.2	3.2	3.9	3.8	6.1	3.4
Very often	0.2	1.4	2.6	0.8	3.7	4.0	4.1	2.4
Always	1.4	1.4	1.3	1.7	3.5	4.3	11.6	3.6
Weighted N								
Men	415	916	662	633	512	408	396	3,942
Women	413	940	724	664	578	534	718	4,571
Unweighted N								
Men	341	840	657	646	553	417	397	3,851
Women	393	990	794	729	630	522	629	4,687

Note: Excluding those who say they never or cannot walk (19 men and 27 women).

Table 4A.18. Problems with dizziness when walking on a level surface, by age in 2004–05 and sex*Participants in 2004–05, excluding proxies*

	52–54	55–59	60–64	65–69	70–74	75–79	80+	All
	%	%	%	%	%	%	%	%
Men								
Never	91.8	92.2	90.9	90.6	86.7	86.4	80.3	89.2
At least sometimes ^a	8.2	7.8	9.1	9.4	13.3	13.6	19.7	10.8
Women								
Never	86.0	89.5	86.3	86.5	80.9	78.6	73.7	83.4
At least sometimes ^a	14.0	10.5	13.7	13.5	19.1	21.4	26.3	16.6
Weighted N								
Men	414	916	660	633	512	408	395	3,939
Women	413	941	724	663	577	534	714	4,565
Unweighted N								
Men	340	840	655	646	553	417	396	3,847
Women	393	990	794	728	629	522	626	4,682

^aCombines those answering sometimes/often/very often/always.

Note: Excluding those who say they never or cannot walk (23 men and 31 women).

Self-reported physical health

Table 4A.19. Number of falls reported during previous two years, by age in 2004–05 and sex

Participants aged 60 years and over in 2004–05, excluding proxies

	60–64	65–69	70–74	75–79	80+	All
	%	%	%	%	%	%
Men						
0	78.3	76.3	77.4	72.6	60.5	74.0
1	10.3	13.4	12.0	16.0	16.5	13.3
2	3.9	4.8	5.7	6.4	8.6	5.6
3+	7.6	5.4	4.9	5.0	14.3	7.2
Women						
0	68.0	68.4	61.7	58.1	50.6	61.3
1	17.9	17.4	18.8	23.9	25.7	20.8
2	7.0	7.5	9.4	8.9	10.7	8.7
3+	7.1	6.6	10.1	9.0	12.9	9.2
Weighted N						
<i>Men</i>	666	637	512	417	410	2,644
<i>Women</i>	730	669	584	549	760	3,292
Unweighted N						
<i>Men</i>	661	650	555	425	411	2,702
<i>Women</i>	801	735	636	535	664	3,371

Note: Number of falls unknown for 7 people.

Table 4A.20. Percentages needing medical treatment for fall, by age in 2004–05 and sex

Those reporting at least one fall

	60–64	65–69	70–74	75–79	80+	All
	%	%	%	%	%	%
Men	26.8	21.9	29.1	26.4	40.2	29.2
Women	31.7	31.3	38.6	42.4	45.8	38.9
Weighted N						
<i>Men</i>	145	151	116	114	162	688
<i>Women</i>	234	211	224	230	375	1,274
Unweighted N						
<i>Men</i>	140	159	130	118	163	710
<i>Women</i>	259	233	251	228	326	1,297

Note: Not known for 24 people whether any fall needed medical treatment.

Table 4A.21. Problems with balance when walking on a level surface, by age-specific wealth quintile, sex and age in 2004–05*Participants in 2004–05, excluding proxies*

		Poorest	2 nd	3 rd	4 th	Richest
		%	%	%	%	%
Men						
52–59	Never	75.9	84.2	92.6	95.2	93.8
	Sometimes	14.5	9.0	5.9	3.8	4.2
	More often ^a	9.6	6.9	1.5	1.0	2.1
60–74	Never	66.9	76.6	82.3	87.1	89.9
	Sometimes	21.7	15.4	12.4	8.5	9.1
	More often ^a	11.4	8.0	5.2	4.4	1.0
75+	Never	65.7	68.6	60.8	61.0	72.6
	Sometimes	18.1	21.4	26.6	18.8	17.3
	More often ^a	16.3	10.0	12.5	20.2	10.1
Women						
52–59	Never	71.8	82.3	86.1	86.1	89.2
	Sometimes	19.4	15.3	11.2	11.1	7.4
	More often ^a	8.8	2.5	2.6	2.8	3.5
60–74	Never	60.4	71.8	77.6	80.8	87.0
	Sometimes	25.0	18.7	15.5	13.8	10.3
	More often ^a	14.6	9.6	6.9	5.4	2.7
75+	Never	49.5	48.4	56.1	51.5	58.0
	Sometimes	30.4	30.0	29.1	33.0	27.7
	More often ^a	20.1	21.5	14.8	15.5	14.3
Weighted N						
<i>Men</i>		566	722	835	882	909
<i>Women</i>		1,000	901	931	851	838
Unweighted N						
<i>Men</i>		498	680	799	886	963
<i>Women</i>		986	908	960	889	895

^aOften, very often or always.Notes: Excluding those who say they never or cannot walk. *N*s not given separately for all subgroups; there were 1,169 men and 1,353 women aged 52–59, 1,850 men and 2,136 women aged 60–74, and 807 men and 1,149 women aged 75+.

Table 4A.22. Problems with dizziness when walking on a level surface, by age-specific wealth quintile, sex and age in 2004–05

Participants in 2004–05, excluding proxies

	Poorest	2 nd	3 rd	4 th	Richest
	% ever having problems ^a				
Men					
52–59	18.2	9.6	5.1	4.4	4.4
60–74	18.5	13.5	11.2	7.8	5.4
75+	25.0	15.2	17.7	18.6	11.8
Women					
52–59	16.0	13.7	9.3	10.6	8.2
60–74	23.4	16.1	14.4	12.2	9.3
75+	32.7	29.2	16.9	23.2	14.4
Weighted N					
<i>Men</i>	566	720	834	880	909
<i>Women</i>	998	897	931	851	838
Unweighted N					
<i>Men</i>	498	679	798	884	963
<i>Women</i>	984	905	960	889	895

^aSometimes, often, very often or always.

Notes: Excluding those who say they never or cannot walk. *N*s not given separately for all subgroups; there were 1,168 men and 1,353 women aged 52–59, 1,848 men and 2,134 women aged 60–74, and 806 men and 1,146 women aged 75+.

Table 4A.23. Number of falls, by age-specific wealth quintile, sex and age in 2004–05*Participants aged 60 years and over in 2004–05, excluding proxies*

		No. of falls	Poorest	2 nd	3 rd	4 th	Richest
			%	%	%	%	%
Men							
60–74	0		67.0	74.0	80.7	77.5	82.6
	1		12.9	15.3	10.6	13.8	8.2
	2		6.6	4.7	4.2	4.2	4.2
	3+		13.4	6.0	4.5	4.5	5.0
75+	0		64.8	70.0	60.8	69.5	67.3
	1		17.1	16.2	19.2	11.2	17.4
	2		7.4	4.8	7.4	8.1	9.4
	3+		10.7	9.1	12.6	11.2	6.0
Women							
60–74	0		61.0	63.2	66.7	68.6	71.8
	1		17.1	19.1	20.6	16.3	16.5
	2		9.9	7.9	7.8	7.3	6.6
	3+		11.9	9.8	4.9	7.8	5.2
75+	0		52.8	55.6	57.2	49.4	52.8
	1		24.3	22.6	26.5	25.2	27.4
	2		11.4	9.6	7.8	13.0	7.4
	3+		11.5	12.2	8.4	12.5	12.5
Weighted N							
Men	Aged 60+		339	487	552	593	660
Women	Aged 60+		730	663	678	627	574
Unweighted N							
Men	Aged 60+		318	479	554	617	721
Women	Aged 60+		718	667	698	655	614

Note: Ns not given separately for all subgroups; there were 1,860 men and 2,155 women aged 60–74 and 829 men and 1,197 women aged 75+.

Table 4A.24. Percentage needing medical treatment for fall, by age-specific wealth quintile, sex and age in 2004–05*Those reporting at least one fall*

		Poorest	2 nd	3 rd	4 th	Richest
		%	%	%	%	%
Men	60–74	29.1	29.8	22.1	32.2	14.1
	75+	[37.4]	[32.8]	40.4	35.6	28.3
Women	60–74	36.0	33.7	38.9	28.9	31.4
	75+	42.3	51.3	44.8	43.9	39.4
Weighted N						
Men		116	134	144	152	147
Women		319	267	252	241	201
Unweighted N						
Men		110	131	145	158	161
Women		306	269	256	246	215

Note: Ns not given separately for all subgroups; there were 426 men and 738 women aged 60–74 and 279 men and 554 women aged 75+.

Table 4A.25. Number of falls, by whether lives alone, sex and age in 2004–05

Participants aged 60 years and over in 2004–05, excluding proxies

No. of falls		Men		Women	
		Alone	Not alone	Alone	Not alone
		%	%	%	%
Aged 60–74	0	68.6	79.0	60.2	68.3
	1	15.6	11.2	22.3	16.6
	2	7.2	4.2	9.3	7.4
	3+	8.6	5.6	8.2	7.7
Aged 75+	0	65.5	67.0	52.5	55.4
	1	17.8	15.7	25.4	24.4
	2	6.3	7.9	10.4	9.3
	3+	10.4	9.4	11.6	10.9
Weighted N					
<i>Aged 60–74</i>		292	1,525	487	1,497
<i>Aged 75+</i>		211	616	754	555
Unweighted N					
<i>Aged 60–74</i>		287	1,579	573	1,599
<i>Aged 75+</i>		227	609	693	506

Table 4A.26. Percentage needing medical treatment for fall, by whether lives alone, sex and age in 2004–05

Those reporting at least one fall

	Men		Women	
	Alone	Not alone	Alone	Not alone
	%	%	%	%
Aged 60–74	30.9	24.2	35.0	33.5
Aged 75+	37.1	33.6	45.0	43.9
Weighted N				
<i>Aged 60–74</i>	93	331	198	479
<i>Aged 75+</i>	73	205	362	247
Unweighted N				
<i>Aged 60–74</i>	90	339	232	511
<i>Aged 75+</i>	79	281	327	227

Table 4A.27. Severity of pain, by age in 2004–05 and sex*Participants in 2004–05, excluding proxies*

	52–54	55–59	60–64	65–69	70–74	75–79	80+	All
	%	%	%	%	%	%	%	%
Men								
None	76.1	65.3	67.2	64.2	64.6	63.6	62.7	66.0
Mild	8.1	11.1	9.6	11.5	9.2	11.5	9.8	10.3
Moderate	11.5	16.8	17.3	17.7	18.5	17.3	18.7	16.9
Severe	4.2	6.8	5.9	6.7	7.7	7.6	8.8	6.8
Women								
None	68.8	59.3	57.4	59.0	54.8	57.1	55.6	58.4
Mild	10.6	13.1	11.0	9.5	9.8	7.1	8.1	10.1
Moderate	12.9	20.9	23.2	21.5	24.3	24.5	26.4	22.4
Severe	7.6	6.7	8.4	10.0	11.0	11.3	9.8	9.1
Weighted N								
Men	420	921	668	640	518	418	413	3,997
Women	416	947	733	670	587	551	760	4,665
Unweighted N								
Men	345	845	663	653	559	426	413	3,904
Women	396	996	804	736	640	537	665	4,774

Note: Responses to ‘Are you often troubled with pain?’ and, if yes, ‘How bad is the pain most of the time? Is it mild, moderate, or severe?’.

Table 4A.28. Back pain rating when walking on a flat surface, by age in 2004–05 and sex*People often troubled by pain*

	52–59	60–74	75+	All
	%	%	%	%
Men				
0	48.8	44.8	48.8	46.9
1–5	28.5	32.5	30.9	30.9
6–10	22.6	22.8	20.3	22.2
Women				
0	40.8	34.6	33.4	36.1
1–5	35.7	38.4	38.4	38.0
6–10	23.5	27.0	28.2	25.9
Weighted N				
Men	414	618	291	1,323
Women	507	832	530	1,868
Unweighted N				
Men	363	625	291	1,279
Women	519	907	502	1,928

Note: Excluding those who say they never or cannot walk.

Table 4A.29. Hip pain rating, by age in 2004–05 and sex

People often troubled by pain

	52–59	60–74	75+	All
	%	%	%	%
Men				
0	59.5	60.9	65.6	61.5
1–5	23.1	22.1	22.5	22.5
6–10	17.4	17.0	11.9	16.0
Women				
0	51.4	48.0	52.0	50.0
1–5	29.3	30.2	30.0	29.9
6–10	19.3	21.8	18.0	20.1
Weighted N				
<i>Men</i>	414	618	291	1,323
<i>Women</i>	507	834	531	1,873
Unweighted N				
<i>Men</i>	363	625	291	1,279
<i>Women</i>	520	909	503	1,932

Note: Excluding those who say they never or cannot walk.

Table 4A.30. Knee pain rating, by age in 2004–05 and sex

People often troubled by pain

	52–59	60–74	75+	All
	%	%	%	%
Men				
0	44.6	42.1	43.5	43.2
1–5	34.0	32.8	30.6	32.7
6–10	21.4	25.0	25.9	24.1
Women				
0	41.0	37.8	36.0	38.2
1–5	32.9	35.0	34.5	34.3
6–10	26.1	27.2	29.5	27.5
Weighted N				
<i>Men</i>	414	617	291	1,322
<i>Women</i>	507	833	529	1,869
Unweighted N				
<i>Men</i>	363	624	291	1,278
<i>Women</i>	520	908	501	1,929

Note: Excluding those who say they never or cannot walk.

Table 4A.31. Foot pain rating, by age in 2004–05 and sex*People often troubled by pain*

	52–59	60–74	75+	All
	%	%	%	%
Men				
0	61.0	65.1	65.9	64.0
1–5	23.4	19.9	20.9	21.2
6–10	15.6	15.0	13.2	14.8
Women				
0	51.5	53.9	58.4	54.5
1–5	24.5	26.1	22.4	24.6
6–10	24.0	20.1	19.2	20.9
Weighted N				
Men	414	617	291	1,322
Women	507	834	530	1,871
Unweighted N				
Men	363	624	291	1,278
Women	520	909	502	1,931

Note: Excluding those who say they never or cannot walk.

Table 4A.32. Number of sites at which severe pain, by age in 2004–05 and sex*Participants in 2004–05, excluding proxies*

	52–59	60–74	75+	All
	%	%	%	%
Men				
0	86.7	84.5	84.3	85.2
1	6.4	8.4	9.1	7.9
2	3.9	3.6	4.8	4.0
3 or 4	2.9	3.4	1.8	2.9
Women				
0	82.4	78.7	79.0	79.9
1	7.8	9.4	10.3	9.2
2	5.0	6.8	5.8	6.0
3 or 4	4.8	5.1	4.9	5.0
Weighted N				
Men	1,341	1,825	831	3,997
Women	1,364	1,991	1,310	4,665
Unweighted N				
Men	1,190	1,875	839	3,904
Women	1,392	2,180	1,202	4,774

Notes: Excluding those who say they never or cannot walk. Number of sites out of back, hip, knee and foot. '0' includes those who are not often troubled by pain, those who have pain but not at these sites and those whose pain at these sites is not severe.

Table 4A.33. Severity of pain, by age-specific wealth quintile, sex and age in 2004–05

Participants 2004–05, excluding proxies

		Poorest	2 nd	3 rd	4 th	Richest
		%	%	%	%	%
Men						
52–59	Never	48.8	61.8	69.6	79.0	81.0
	Mild	12.6	8.7	9.8	9.9	10.4
	Moderate	22.8	22.6	16.9	7.8	6.8
	Severe	15.8	6.9	3.7	3.3	1.8
60–74	Never	45.6	58.2	66.9	67.4	78.3
	Mild	11.9	10.6	7.4	10.9	10.4
	Moderate	29.3	20.1	20.5	16.6	8.6
	Severe	13.1	11.2	5.2	5.2	2.7
75+	Never	64.5	62.4	58.3	64.0	66.8
	Mild	10.5	10.6	12.3	9.0	10.2
	Moderate	19.7	13.7	19.4	19.1	18.4
	Severe	5.3	13.2	10.0	7.9	4.5
Women						
52–59	Never	54.1	55.4	64.5	65.8	72.4
	Mild	8.2	12.7	13.6	14.8	12.4
	Moderate	23.5	22.8	18.0	15.7	12.4
	Severe	14.2	9.2	3.9	3.6	2.8
60–74	Never	46.7	50.5	56.1	63.0	68.6
	Mild	5.4	8.8	12.9	11.7	12.0
	Moderate	30.0	28.5	23.2	19.1	14.4
	Severe	17.8	12.2	7.8	6.1	4.9
75+	Never	49.8	52.0	60.9	60.1	63.3
	Mild	8.2	8.3	7.1	5.5	9.1
	Moderate	26.6	30.0	23.7	26.9	18.2
	Severe	15.4	9.7	8.3	7.5	9.4
Weighted N						
<i>Men</i>		583	739	846	891	912
<i>Women</i>		1,031	933	952	865	842
Unweighted N						
<i>Men</i>		514	696	809	895	965
<i>Women</i>		1,009	934	980	902	899

Notes: Those with mild, moderate or severe pain, excluding those who say they never or cannot walk. *Ns* are not given for each sex and age group separately; there were 1,178 men and 1,361 women aged 52–59, 1,869 men and 2,163 women aged 60–74, and 832 men and 1,200 women aged 75+.

Table 4A.34. Prevalence of severe pain in particular sites, among those with pain, by age-specific wealth quintile, sex and age in 2004–05*People often troubled by pain*

		Poorest	2 nd	3 rd	4 th	Richest	All
		%	%	%	%	%	%
Men							
52–59	Back	38.6	25.5	15.3	6.2	11.9	22.8
	Hip	31.6	17.2	12.1	11.3	0.0	23.0
	Knee	29.4	25.7	17.1	16.2	8.3	21.6
	Foot	25.9	12.9	10.9	13.3	7.2	15.7
60–74	Back	28.4	24.8	23.2	20.2	16.0	22.8
	Hip	22.0	22.0	15.8	14.4	9.4	17.1
	Knee	28.2	32.5	26.9	25.1	9.1	25.1
	Foot	18.9	18.6	12.1	15.5	6.8	14.8
75+	Back	[28.6]	15.5	23.4	21.2	15.2	20.1
	Hip	[14.4]	8.1	11.7	16.9	8.8	11.8
	Knee	[25.6]	30.2	29.8	20.1	22.5	25.7
	Foot	[16.4]	15.7	11.3	12.9	12.5	13.3
Women							
52–59	Back	35.2	25.8	19.8	16.9	11.3	23.5
	Hip	26.8	25.8	12.2	14.1	9.9	19.2
	Knee	36.8	27.5	27.8	20.4	6.3	25.7
	Foot	34.8	26.3	23.4	14.0	12.5	23.9
60–74	Back	39.6	29.3	20.5	21.6	17.9	27.1
	Hip	29.1	25.4	17.1	18.3	14.1	21.7
	Knee	38.2	31.8	21.4	21.3	17.3	27.3
	Foot	27.1	22.4	19.7	14.1	12.9	20.2
75+	Back	31.3	30.6	27.2	23.4	24.4	28.2
	Hip	15.2	22.4	21.7	16.6	14.0	18.0
	Knee	24.3	39.4	33.7	26.5	23.5	30.0
	Foot	20.6	22.6	20.6	20.2	8.3	19.3
Weighted N							
<i>Men</i>		281	283	281	257	213	1,314
<i>Women</i>		496	417	365	310	263	1,851
Unweighted N							
<i>Men</i>		247	266	272	261	225	1,271
<i>Women</i>		496	422	382	327	285	1,912

Notes: Excluding those who say they never or cannot walk. *Ns* are not given separately for each sex and age group; there were 360 men and 509 women aged 52–59, 623 men and 903 women aged 60–74, and 288 men and 500 women aged 75+.

