

**HEALTH AND LIFESTYLES
OF PEOPLE AGED
50 AND OVER**

(P2158)

SHOWCARDS

CARD A

- 1 Husband/wife
- 2 Partner/cohabitee
- 3 Natural son/daughter
- 4 Adopted son/daughter
- 5 Foster son/daughter
- 6 Step-son/step-daughter/child of partner
- 7 Son-in-law/daughter-in-law
- 8 Natural parent
- 9 Adoptive parent
- 10 Foster parent
- 11 Step-parent/parent's partner
- 12 Parent-in-law
- 13 Natural brother/sister
- 14 Half-brother/sister
- 15 Step-brother/sister
- 16 Adopted brother/sister
- 17 Foster brother/sister
- 18 Brother-in-law/sister-in-law
- 19 Grandchild
- 20 Grandparent
- 21 Other relative
- 22 Other non-relative

CARD B

- 1 Single, that is never married
- 2 Married, first and only marriage
- 3 Remarried, second or later marriage
- 4 Legally separated
- 5 Divorced
- 6 Widowed

CARD C

- 1 Cancer
- 2 Heart Attack
- 3 Stroke
- 4 Other cardiovascular related illness
- 5 Respiratory disease
- 96 None of these

CARD D

- 1 Chest pain
- 2 Fatigue/too tired
- 3 Shortness of breath
- 4 Tremor(s)
- 5 Pain in leg or foot
- 6 Swelling in leg or foot
- 7 Incontinence or fear of incontinence
- 8 Seeing difficulty
- 9 Hearing difficulty
- 10 Confusion
- 11 Difficulty concentrating
- 12 Memory problems
- 13 Unsteady on feet or balance problems
- 14 Light-headed or dizziness
- 15 Fear of falling
- 16 Anxiety or fear
- 17 Amputation
- 95 Some other problem or symptom

CARD E

- 1 High blood pressure or hypertension
- 2 Angina
- 3 A heart attack (including myocardial infarction or coronary thrombosis)
- 4 Congestive heart failure
- 5 A heart murmur
- 6 An abnormal heart rhythm
- 7 Diabetes or high blood sugar
- 8 A stroke (cerebral vascular disease)
- 9 High cholesterol
- 95 Any other heart trouble (please say what)
- 96 None of these

CARD F

Acebutolol	Metoprolol Tartrate with diuretic
Atenolol	Moducren
Atenolol with calcium-channel blocker	Monocor
Beta-Adalat	Monozide
Beta-Cardone	Nadolol
Betaloc	Nadolol with diuretic
Betaloc-SA	Nebilet
Betaxolol Hydrochloride	Nebivolol
Betim	Oxprenolol
Bisoprolol Fumarate	Oxprenolol Hydrochloride
Bisoprolol Fumarate with diuretic	Oxprenolol Hydrochloride with diuretic
Cardicor	Pindolol
Carvedilol	Pindolol with diuretic
Celectol	Propranolol
Celiprolol	Propranolol Hydrochloride
Celiprolol Hydrochloride	Propranolol Hydrochloride with diuretic
Co-Betaloc	Secadrex
Co-Betaloc SA	Sectral
Cogard	Slow-Trasicor
Corgaretic	Sotacor
Co-tenidone (Atenolol with diuretic)	Sotalol
Emcor	Sotalol Hydrochloride
Eucardic	Tenben
Half-Inderal LA	Tenoret 50
Inderal	Tenoretic
Inderal-LA	Tenormin
Inderetic	Timolol Maleate
Inderex	Timolol Maleate with diuretic
Kalten	Trandate
Labetalol hydrochloride	Trasicor
Lopresor	Trasidrex
Lopresor SR	Viskaldix
Metoprolol Tartrate	Visken

CARD G

Accupro	Lisinopril
Amias	Lisinopril with Diuretic
Aprovel	Losartan Potassium
Candesartan Cilexetil	Losartan Potassium with
Capoten	Diuretic
Capozide	Micardis
Captopril	Micardis Plus
Carace	Odrik
Carace Plus	Perindopril Erbumine
Cilazapril	Quinapril Hydrochloride
CoAprovel	Ramipril
Coversyl	Ramipril with Calcium
Cozaar	Channel Blocker
Cozaar-Comp	Staril
Co-Zidocapt	Tanatril
(Hydchloroth/Captopril)	Tarka
Diovan	Telmisartan
Enalapril Maleate	Telmisartan with Diuretic
Enalapril maleate with	Teveten
Diuretic	Trandolapril
Eprosartan	Trandolapril + Calcium
Fosinopril Sodium	Channel Blocker
Gopten	Triapin
Imidapril Hydrochloride	Tritace
Innovace	Valsartan
Innozide	Vascace
Irbesartan	Zestoretic
Irbesartan with Diuretic	Zestril

CARD H

- 1 Just about everything you need to know
- 2 Most of what you need to know
- 3 Some of what you need to know
- 4 A little of what you need to know
- 5 Almost none of what you need to know

CARD I

- 1 Chronic lung disease such as chronic bronchitis or emphysema
- 2 Asthma
- 3 Arthritis (including osteoarthritis, or rheumatism)
- 4 Osteoporosis, sometimes called thin or brittle bones
- 5 Cancer or a malignant tumour (excluding minor skin cancers)
- 6 Parkinson's disease
- 7 Any emotional, nervous or psychiatric problems
- 8 Alzheimer's disease
- 9 Dementia, organic brain syndrome, senility or any other serious memory impairment
- 96 None of these

CARD J

- 1 Lung
- 2 Breast
- 3 Colon, bowel or rectum
- 4 Lymphoma
- 5 Leukaemia
- 6 Melanoma or other skin cancer
- 95 Somewhere else

CARD K

- 1 Hallucinations
- 2 Anxiety
- 3 Depression
- 4 Emotional problems
- 5 Schizophrenia
- 6 Psychosis
- 7 Mood swings
- 8 Manic depression
- 95 Something else

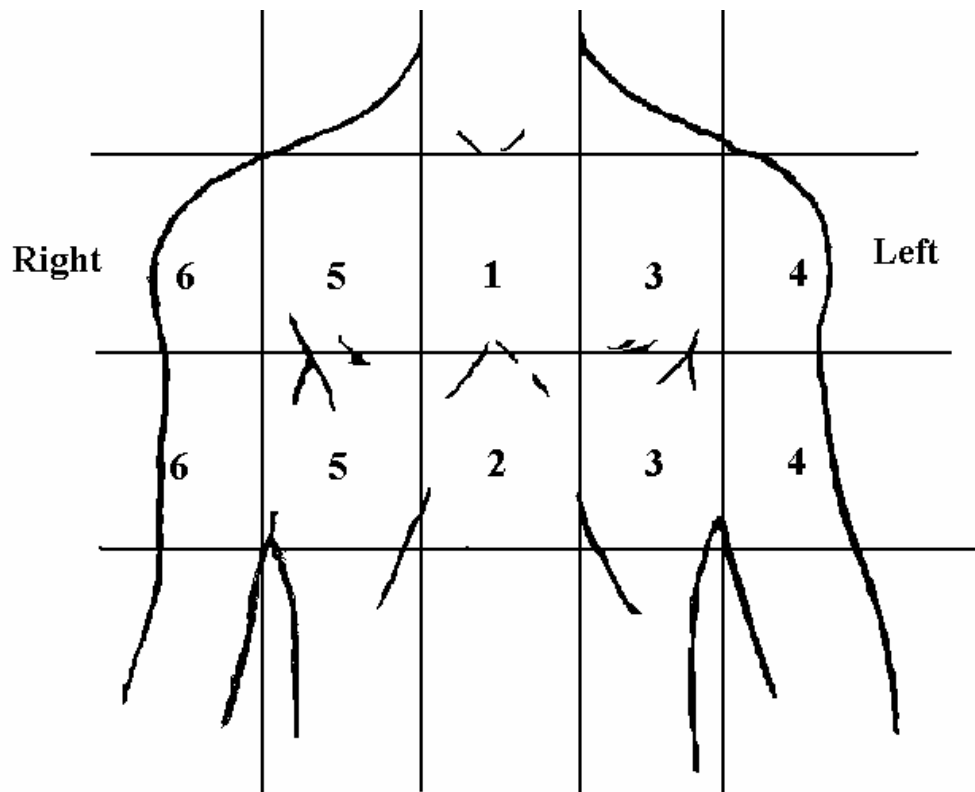
CARD L

- 1 Much improved
- 2 A bit improved
- 3 Not much change
- 4 A bit worse
- 5 Much worse

CARD M

- 1 Always
- 2 Very Often
- 3 Often
- 4 Sometimes
- 5 Never

CARD N



CARD O

- 1 Walking 100 yards
- 2 Sitting for about two hours
- 3 Getting up from a chair after sitting for long periods
- 4 Climbing several flights of stairs without resting
- 5 Climbing one flight of stairs without resting
- 6 Stooping, kneeling, or crouching
- 7 Reaching or extending your arms above shoulder level (either arm)
- 8 Pulling or pushing large objects like a living room chair
- 9 Lifting or carrying weights over 10 pounds like a heavy bag of groceries
- 10 Picking up a 5p coin from a table
- 96 None of these

CARD P

- 1 Dressing, including putting on shoes and socks
- 2 Walking across a room
- 3 Bathing or showering
- 4 Eating, such as cutting up your food
- 5 Getting in or out of bed
- 6 Using the toilet, including getting up or down
- 7 Using a map to figure out how to get around in a strange place
- 8 Preparing a hot meal
- 9 Shopping for groceries
- 10 Making telephone calls
- 11 Taking medications
- 12 Doing work around the house or garden
- 13 Managing money, such as paying bills and keeping track of expenses
- 96 None of these

CARD Q

- 1 Husband or wife or partner
- 2 Mother or father
- 3 Son
- 4 Son-in-law
- 5 Daughter
- 6 Daughter-in-law
- 7 Sister
- 8 Brother
- 9 Grandson
- 10 Granddaughter
- 11 Other relative
- 12 Unpaid volunteer
- 13 Privately paid employee
- 14 Social or health service worker
- 15 Friend or neighbour
- 95 Other person

CARD R

- 1 Doctor or nurse said I should stop
- 2 It is unhealthy
- 3 It is expensive / to save money
- 4 Pressure from family or friends
- 5 Worried about effect of passive smoke
on people around me
- 6 Stopped enjoying it
- 7 Cosmetic reasons (e.g. smell, stained
teeth, fingers, hair)
- 8 It's becoming harder to smoke in
public or at work
- 9 Advertising
- 95 Other (please say what)

CARD S

Vigorous

For example:

Running or jogging

Swimming

Cycling

Aerobics or gym workout

Tennis

Digging with a spade or shovel

Moderate

For example:

Gardening

Cleaning the car

Walking at a moderate pace

Dancing

Floor or stretching exercises

Mild

For example:

Vacuuming

Laundry

Home repairs

CARD T

- 1 Paid work
- 2 Self employment
- 3 Voluntary Work
- 4 Cared for someone
- 5 Looked after home or family
- 6 Attended a formal educational or training course
- 96 None of these

CARD U

- 1 Retired
- 2 Employed
- 3 Self employed
- 4 Unemployed
- 5 Permanently sick or disabled
- 6 Looking after home or family
- 95 Other (please say what)

CARD X

1 Sedentary occupation:

You spend most of your time sitting

2 Standing occupation:

You spend most of your time standing or walking. However the way you spend your time does not require intense physical effort

3 Physical work:

This involves some physical effort including handling of heavy objects and use of tools

4 Heavy manual work:

This involves very vigorous physical activity including handling of very heavy objects

CARD Y

- 1 Own ill health or disability
- 2 Job was too tiring/stressful
- 3 Ill health or disability of a relative/friend
- 4 Company went out of business/site closed down
- 5 Made redundant/dismissed/had no choice
- 6 Took voluntary redundancy
- 7 To spend more time with partner/family
- 8 Career progression
- 9 Fed up with job and wanted a change
- 10 Moved to a different area
- 95 Other reason

CARD Z

- 1 Less physically demanding
- 2 Less mentally demanding/stressful
- 3 Fewer hours/job sharing
- 4 More flexible hours
- 5 Working from home sometimes
- 6 Special equipment/workplace
adaptation
- 96 None of these

CARD AA

- 1 Own ill health or disability
- 2 Job too tiring/stressful
- 3 Ill health or disability of a relative/friend
- 4 Company going out of business/site closing down
- 5 Being made redundant/dismissed/ have no choice
- 6 Taking voluntary redundancy
- 7 To spend more time with partner/family
- 8 Fed up with job and want a change
- 9 Fed up with employer/colleagues and want a change
- 10 To progress my career
- 11 To earn more money
- 12 Moving to a different area
- 95 Other reason

CARD BB

- 1 Less physically demanding
- 2 Less mentally demanding/stressful
- 3 Fewer hours/job sharing
- 4 More flexible hours
- 5 Working from home sometimes
- 6 Special equipment/workplace
adaptation
- 95 Other change
- 96 None of these

CARD CC

1 Sedentary occupation:

You spend most of your time sitting

2 Standing occupation:

You spend most of your time standing or walking. However the way you spend your time does not require intense physical effort

3 Physical work:

This involves some physical effort including handling of heavy objects and use of tools

4 Heavy manual work:

This involves very vigorous physical activity including handling of very heavy objects

CARD DD

- 1 Own ill health or disability
- 2 Working was too tiring/stressful
- 3 Ill health or disability of a relative/friend
- 4 Company went out of business/site closed down
- 5 Made redundant/dismissed/had no choice
- 6 Took voluntary redundancy
- 7 Could not find another job
- 8 Could afford to stop working
- 9 To spend more time with partner/family
- 10 To enjoy life while still fit and young enough
- 11 Fed up with working and wanted a change
- 12 To stop working at same time as husband/wife/partner
- 13 To give young generation a chance
- 14 Moved to a different area
- 95 Other reason

CARD EE

- 1 Employer provided (occupational) pension scheme
- 2 Private Personal Pension
- 3 Group Personal Pension
- 4 Stakeholder pension
- 5 S226 plan (self-employed personal pension)
- 6 Retirement Annuity pension (personal pension taken out before 1986)
- 95 Other retirement saving scheme

CARD FF

Type A:

My pension contributions are put into a fund which grows over time and my pension will depend on the size of this fund when I retire

Type B:

My pension will be based on a formula involving age, years of service and salary

Don't know

CARD GG

Type A:

My pension contributions were put into a fund which grew over time and my pension depended on the size of this fund when I retired

Type B:

My pension is based on a formula involving age, years of service and salary

Don't know

CARD HH

- 1 Some fraction of my final year's salary
- 2 Some fraction of my salary from all
years when I have been in the scheme
- 3 Some fraction of my last five years'
salary
- 4 In some other way
- 5 Don't know

CARD II

Type A:

My pension contributions are put into a fund which grows over time and my pension will depend on the size of this fund when I retire

Type B:

My pension will be based on a formula involving age, years of service and salary

Don't know

CARD JJ

Type A:

My pension contributions were put into a fund which grew over time and my pension depended on the size of this fund when I retired

Type B:

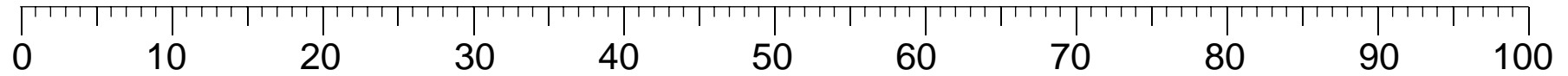
My pension is based on a formula involving age, years of service and salary

Don't know

CARD KK

- 1 Employer provided (occupational) pension scheme
- 2 Private Personal Pension
- 3 Group Personal Pension
- 4 Stakeholder pension
- 5 S226 plan (self-employed personal pension)
- 6 Retirement Annuity pension (personal pension taken out before 1986)
- 95 Other retirement saving scheme

CARD LL



Absolutely
No Chance

Absolutely
Certain

CARD MM

- 1 Own ill health
- 2 Ill health of a relative/friend
- 3 Made redundant/dismissed/had no choice
- 4 Offered reasonable financial terms to retire early or take voluntary redundancy
- 5 Could not find another job
- 6 To spend more time with partner/ family
- 7 To enjoy life while still young and fit enough
- 8 Fed up with job and wanted a change
- 9 To retire at the same time as husband/wife/partner
- 10 To retire at a different time to husband/wife/partner
- 11 To give the young generation a chance
- 95 Other (please say what)
- 96 None of these

CARD NN

- 1 Reached retirement age
- 2 Own ill health
- 3 Ill health of a relative/friend
- 4 Made redundant/dismissed/had no choice
- 5 Could not find another job
- 6 To spend more time with partner/ family
- 7 To enjoy life while still young and fit
enough
- 8 Fed up with my job and wanted a change
- 9 To retire at the same time as
husband/wife/partner
- 10 To retire at a different time to
husband/wife/partner
- 11 To give the young generation a chance
- 95 Other (please say what)
- 96 None of these

CARD OO

- 1 Incapacity Benefit (previously Invalidity Benefit)
- 2 Severe Disablement Allowance (SDA)
- 3 Statutory sick pay (SSP)
- 4 Attendance Allowance
- 5 Disability Living Allowance
- 6 Industrial Injuries Disablement Benefit
- 7 War Disablement Pension or War Widow's Pension
- 8 Invalid Care Allowance
- 95 Some other benefit for people with disabilities (please say what)
- 96 None of these

CARD PP

- 1 Income Support or Minimum Income Guarantee (MIG)
- 2 Pension Credit (replaced Minimum Income Guarantee (MIG) in October 2003)
- 3 Working Tax Credit (formerly Working Families Tax Credit)
- 4 Job-seeker's Allowance (formerly Unemployment Benefit)
- 5 Guardian's Allowance
- 6 Widow's pension/Widowed mother's allowance/Widowed Parent's allowance/Bereavement allowance
- 7 Child Benefit
- 8 Child Tax Credit
- 95 Some other state benefit (please say what)
- 96 None of these

CARD QQ

- 1 Current Account at a bank, building society or elsewhere
- 2 Savings Account at a bank, building society or elsewhere
- 3 TESSA
- 4 ISA
- 5 Premium Bonds
- 6 National Savings Accounts or Certificates
- 7 PEP
- 8 Stocks and/or Shares
- 9 Share Options/Employee share ownership
- 10 Share clubs
- 11 Unit or Investment Trusts
- 12 Bonds and Gilts (government or corporate)
- 95 Other savings or investments
- 96 None of these

CARD RR

- 1 Houses, flats or holiday homes, including time shares (not including this home)
- 2 Farm or Business Property (such as a shop, warehouse or garage)
- 3 Other land
- 4 Money owed to you by others
- 5 A trust
- 6 A covenant or inheritance
- 95 Other assets (including works of art or collectibles such as antiques or jewellery)
- 96 None of these

CARD SS

- 1 Life insurance policy
- 2 Lump sum pension payout
- 3 Personal Accident plan
- 4 Other Insurance Payment
- 5 Redundancy payment
- 6 Inheritance or bequest (inc. inherited property)
- 7 Win(s) on the football pools, national lottery or other form of gambling
- 95 Other payment (please say what)
- 96 None of these

CARD TT

- 1 Hire purchase agreements
 - 2 Personal loans (from bank, building society or other financial institution)
 - 3 Overdraft
 - 4 Catalogue or mail order purchase agreements
 - 5 DWP Social fund loan
 - 6 Loan from a money lender or `tally man`
- 96 None of these

CARD UU

- 1 Manage very well
- 2 Manage quite well
- 3 Get by alright
- 4 Don't manage very well
- 5 Have some financial difficulties
- 6 Have severe financial difficulties

CARD VV

- 1 I look after all the household money except my partner's personal spending money
- 2 My partner looks after all the household money except my personal spending money
- 3 I am given a housekeeping allowance. My partner looks after the rest of the money
- 4 My partner is given a housekeeping allowance. I look after the rest of the money
- 5 We share and manage our household finances jointly
- 6 We keep our finances completely separate
- 95 Some other arrangement

CARD WW

- 1 Own it outright
- 2 Buying it with the help of a mortgage or loan
- 3 Pay part rent and part mortgage (shared ownership)
- 4 Rent it
- 5 Live here rent free (including rent free in relative's/friend's property; excluding squatting)
- 6 Squatting

CARD XX

- 1 Local authority or council
- 2 Housing association or co-operative or charitable trust
- 3 Individual private landlord
- 4 Employer of a household member
- 5 Relative/friend of a household member
- 95 Another organisation / individual

CARD YY

- 1 Water charges
- 2 Sewerage charges
- 3 Land or business premises
- 4 Separate Garage
- 5 Heating or lighting or hot water
- 6 Council Tax
- 96 None of these

CARD ZZ

- 1 Meals
- 2 Gardening
- 3 Cleaning
- 4 Warden or porter
- 5 Security service/guard
- 95 Other services (please say what)
- 96 None of these

CARD AB

- 1 Private Owner
- 2 Council or Local Authority
- 3 Housing Association
- 4 Landlord
- 5 Family or relative
- 96 None of these

CARD AC

- 1 A repayment mortgage or loan (where your mortgage payments cover interest and part of the original loan)
- 2 An endowment mortgage (where your mortgage payments cover interest only and you save separately to pay off the capital)
- 3 Part repayment and part endowment
- 4 A pension mortgage (where your mortgage payments cover interest only)
- 5 A PEP, ISA or Unit Trust mortgage
- 95 Another type of mortgage or loan

CARD AK

- 1 Widened doorways or hallways
- 2 Ramps or street level entrances
- 3 Hand rails
- 4 Automatic or easy open doors
- 5 Accessible parking or drop off site
- 6 Bathroom modifications
- 7 Kitchen modifications
- 8 Lift
- 9 Chair lift or stair glide
- 10 Alerting devices, such as button alarms
- 95 Any other special features
- 96 None of these

CARD AL

- 1 Shortage of space
- 2 Noise from neighbours
- 3 Other street noise, such as traffic, businesses, factories
- 4 Too dark, not enough light
- 5 Pollution, grime or other environmental problems caused by traffic or industry
- 6 Rising damp in floors and walls
- 7 Water getting in from roof, gutters or windows
- 8 Bad condensation problem
- 9 Problems with electrical wiring or plumbing
- 10 General rot and decay
- 11 Problems with insects, mice or rats
- 12 Too cold in winter
- 95 Other problems (please say what)
- 96 None of these

CARD AM

- 1 Television
- 2 Video recorder
- 3 CD player
- 4 Deep freeze or fridge freezer (exclude fridge only)
- 5 Washing machine
- 6 Tumble Drier/Washer - Dryer
- 7 Dishwasher
- 8 Microwave oven
- 9 Computer
- 10 On-line-digital/Satellite/Cable Television
- 11 Phone (landline)
- 12 DVD player
- 95 All of these
- 96 None of these

CARD AN

The cost of any visits to the cinema, theatre, sports, bingo etc, in the last four weeks (including any expenses whilst out)

Any payments that have been made in the last four weeks on:

- subscriptions to sports and social clubs and societies
- fees for day or evening classes
- subscriptions to the internet, cable or satellite
- TV licences and rentals

CARD AO

- 1 Mains gas
- 2 Electricity
- 3 Coal/Smokeless fuel
- 4 Paraffin/Bottled gas
- 5 Oil
- 6 Wood
- 95 Other source of fuel or power

CARD AP

- 1 Direct debit
- 2 Monthly/quarterly bill (including standing orders)
- 3 Pre-payment (key/card or token) meters
- 4 Included in rent
- 5 Frequent cash payment (i.e. more frequent than once a month)
- 6 Fuel direct/direct from benefits
- 7 Staywarm scheme
- 95 Other

CARD AQ

MEDCO TABLET

INDICATIONS: Headaches, muscle pains, rheumatic pains, toothaches, earaches.

RELIEVES COMMON COLD SYMPTOMS

DOSAGE: ORAL. 1 or 2 tablets every 6 hours, preferably accompanied by food, for not longer than 7 days. Store in a cool, dry place.

CAUTION: Do not use for gastritis or peptic ulcer. Do not use if taking anticoagulant drugs. Do not use for serious liver illness or bronchial asthma. If taken in large doses and for an extended period, may cause harm to kidneys. Before using this medication for chicken pox or influenza in children, consult with a doctor about Reyes Syndrome, a rare but serious illness. During lactation and pregnancy, consult with a doctor before using this product, especially in the last trimester of pregnancy. If symptoms persist, or in the case of an accidental overdose, consult a doctor. Keep out of reach of children.

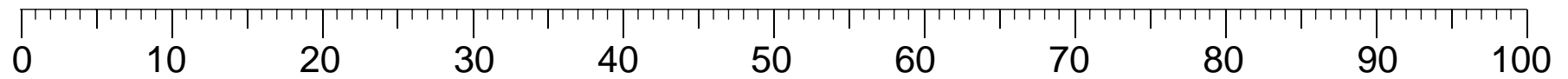
INGREDIENTS: Each tablet contains
500 mg acetylsalicylic acid.

Excipient c.b.p 1 tablet

Reg. No. 88246

Made in Canada by STERLING PRODUCTS. INC
1600 Industrial Blvd. Montreal, Quebec H9J 3P1

CARD AR



Absolutely
No Chance

Absolutely
Certain

CARD AS

- 1 The next few weeks
- 2 The next few months
- 3 The next year
- 4 The next few years
- 5 The next 5-10 years
- 6 Longer than 10 years

CARD AT

- 1 Never
- 2 Rarely
- 3 Sometimes
- 4 Often
- 5 Most of the time

CARD AU

- 1 Much worse off
- 2 A bit worse off
- 3 About the same
- 4 A bit better off
- 5 Much better off

CARD AV

- 1 Buy your first choices of food items
- 2 Have family and friends round for a drink or meal
- 3 Have an outfit to wear for social or family occasions
- 4 Keep your home in a reasonable state of decoration
- 5 Replace or repair broken electrical goods
- 6 Pay for fares or other transport costs to get to and from places you want to go
- 7 Buy presents for friends or family once a year
- 8 Take the sorts of holidays you want
- 9 Treat yourself from time to time
- 96 None of these

CARD AW

- 1 To meet other people
- 2 To contribute something useful
- 3 For personal achievement
- 4 Because I am needed
- 5 To earn money
- 6 Because I enjoy it
- 7 To use my skills
- 8 To keep fit
- 9 Because I feel obliged to do it
- 96 None of these

CARD AX

- 1 Strongly agree
- 2 Agree
- 3 Disagree
- 4 Strongly disagree

CARD AY

- 1 White
- 2 Mixed ethnic group
- 3 Black
- 4 Black British
- 5 Asian
- 6 Asian British
- 95 Any other group

CARD AZ

- 1 Degree/degree level qualification (including higher degree)
- 2 Teaching qualification
- 3 Nursing qualifications SRN, SCM, SEN, RGN, RM, RHV, Midwife
- 4 HNC/HND, BEC/TEC Higher, BTEC Higher/SCOTTECH Higher
- 5 ONC/OND/BEC/TEC/BTEC not higher
- 6 City and Guilds Full Technological Certificate
- 7 City and Guilds Advanced/Final Level
- 8 City and Guilds Craft/Ordinary Level
- 9 A-levels/Higher School Certificate
- 10 AS level
- 11 SLC/SCE/SUPE at Higher Grade or Certificate of Sixth Year Studies
- 12 O-level passes taken in 1975 or earlier
- 13 O-level passes taken after 1975 GRADES A-C
- 14 O-level passes taken after 1975 GRADES D-E
- 15 GCSE GRADES A-C
- 16 GCSE GRADES D-G
- 17 CSE GRADE 1/SCE BANDS A-C/Standard Grade LEVEL 1-3
- 18 CSE GRADES 2-5/SCE Ordinary BANDS D-E
- 19 CSE Ungraded
- 20 SLC Lower
- 21 SUPE Lower or Ordinary
- 22 School Certificate or Matriculation
- 23 NVQ Level 5
- 24 NVQ Level 4
- 25 NVQ Level 3/Advanced level GNVQ
- 26 NVQ Level 2/Intermediate level GNVQ
- 27 NVQ Level 1/Foundation level GNVQ
- 28 Recognised Trade Apprenticeship completed
- 29 Clerical or Commercial Qualification (eg typing/book-keeping/commerce)
- 95 Other qualifications (please say what)
- 96 None of these